

Recognised Risk Factors for Skin Tears Patient Characteristics

- Malnourishment
 - Sensory changes/loss
 - Heating
 - Sensation
 - Vision
 - History of skin tears
 - Assistance with ADLs
 - Mental impairment
 - Dementia
 - Cognitive function
 - Ecchymosis
 - Immobility
 - Pressure points
 - Bedridden or chair confined
 - Wheelchair confinement
 - Self-propulsion
 - Ambulating independently
 - Neuromuscular changes
 - Spasticity or stiffness
 - Poor locomotion/balance
 - Neuropathy
 - Senile purpura
 - Multiple actinic or seborrheic keratosis
 - Dry skin, hydration
 - Water temperature
 - Use of soap
 - Incontinence
 - Pitting edema
 - Hemiplegia or hemiparesis
 - Agitation or restlessness
- Comorbidities
- Uremia
 - Diabetes mellitus
 - Hypothyroidism
 - Hypoalbuminism
 - Peripheral vascular disease
 - Immunocompromised
- Medications
- Steroids
 - Systemic
 - Topical
 - Anticoagulants
 - Polypharmacy